

Caruthersville Public Library

707 West 13th Street, Caruthersville, MO 63830

(573)333-2480 Fax: (573)333-0552 <http://cville.lib.mo.us>

Find us on Facebook at Caruthersville Public Library



Fall and winter are times to cozy up indoors and indulge in a little reading or viewing pleasure. Let us be your FREE Redbox or Netflix. Let us be your free Amazon or Barnes & Noble for eBooks. Let us keep you supplied with new bestsellers.

\$\$\$ Save your money – let US buy the books. \$\$\$

The only price for you is a Caruthersville Public Library card.

Geri-Fit classes to be offered beginning Jan. 21st

GERI-FIT®
Strength Training Workout
for Older Adults

Get it with GERI-FIT®
Lifestyle Change Program Helps...

- ✓ Increase Muscular Strength
- ✓ Improve Balance and Coordination
- ✓ Boost Motor Skills and Reaction Time
- ✓ Enhance Flexibility and Gait
- ✓ Lessen Arthritic Conditions
- ✓ Manage Chronic Disease

There's no dancing, aerobics, or choreography to learn and you never have to get on the floor. Enrollment is open to older adults of all ages and fitness levels... simply work out at your own pace!

Bring a set of 2 or 3-pound dumbbells, a stretch band, and water to drink.

Class size is limited and advance registration is required.

TO REGISTER, CALL:
573-333-2480

CARUTHERSVILLE PUBLIC LIBRARY

WHERE:
Caruthersville Public Library
707 West 13th St.

WHEN:
Mondays & Wednesdays
11:00 - 11:45

FEE: FREE! Limited Space.
Please RSVP at the Front Desk.

DATES / TERMS:
January 21 - February 8
February 13 - March 8
March 13 - April 5

Caruthersville Public Library was among a select number of libraries chosen to participate in the Geri-Fit Lifestyle Change Program, a 45-minute evidence based strength training exercise class for adults over age 65. Most of the exercises are performed seated in chairs with a set of light weights. There's no dancing, aerobics, or choreography to learn and you never have to get on the floor.

Geneva Bryant, Community Champion for Pemiscot Memorial Hospital, will serve as

facilitator for these classes, offering live help with the video program.

Classes will be held on Mondays and Wednesdays for twelve weeks beginning on January 21st. There is limited space available so sign up now at our library. The best way to begin a new habit is with friends.

Sunday Movies at the Library

Movies begin at 1:30 p.m.

November 4 – "Skyscraper"

November 11 – CLOSED FOR VETERANS DAY

November 18 – "Leave No Trace"

November 25 – CLOSED FOR THANKSGIVING

"The only ticket you need is your valid library card."

New Books for November:

"Yule Log Murder" by Leslie Meier

"You Don't Own Me" by MiMary Higgins Clark

"Texas Hold'em" by George R.R. Martin

"Target Alex Cross" by James Patterson

"Sea of Greed" by Clive Cussler

"Past Tense" by Lee Child

"The Noel Stranger" by Richard Paul Evans

"Target" by James Patterson

"Nine Perfect Strangers" by Liane Moriarty

"Night of Miracles" by Elizabeth Berg

"Look Alive Twenty-Five" by Janet Evanovich

"Hindsight" by Justin Timberlake

Visit our Christmas books display for some light holi

Christmas Gets an Early Start in C'ville this year

Christmas Storytime at Caruthersville Public Library will kick off on November 27th at 6:00 p.m. and continue for the three Tuesdays following before Christmas. Special guests include Mrs. Claus and Santa himself.

On December 1st, "Breakfast with Santa" will take place from 8:00 – 11:00 a.m. at the Diane Sayre Recreation Center. Crafts, Breakfast, Gifts, and lots of fun are in store. Children up to age 12 are free; over 12 and adults are \$5.00. Photos with Santa are also \$5.00.

The 2018 Christmas Parade – "Believe in Christmas" will begin at 2 p.m. on that same day, December 1st. Line up begins at 1:00 p.m. in front of Caruthersville High School. Pre-register by contacting the Caruthersville Chamber of Commerce at 333-1222 or e-mail caruthersville chamber at gmail.com.

Throughout the holidays, residents will be treated to a new Christmas addition at the riverfront, thanks to the Caruthersville Area Arts Council. Many local clubs, businesses, and private citizens "adopted" trees and other holiday items to decorate the "jewel" of our city – Reynolds Park. It will be an amazing view and the display should continue to get even bigger and better in future years to come.



Holiday Closings at Caruthersville Public Library

November 9, 10, and 11th – Veterans' Day

November 22nd, 23rd, 24th, and 25th – Thanksgiving

December 22nd, 23rd, 24th, and 25th – Christmas Eve and Christmas

BOOKGROUP INFORMATION

The Caruthersville Area Arts Council Bookgroup is reading "One Hundred Years of Solitude" by Gabriel Garcia Marquez and all are welcome for their book discussion on November 29th at 11 a.m. Come and enjoy the booktalk in this welcoming group.

Don't forget about the Bootheel Bookworms, our online book group on Facebook – Reading "Fly Away" the companion book to last month's "Firefly Lane" by Kristin Hannah, there are no meetings to attend or questions to answer. Just good books to read each month.

Contact Nikki Riggs or look at our page on Facebook at Caruthersville Public Library for more information.

Upcoming Events in C'ville

